

St. Paul Allergy & Asthma

PATIENT NAME: _____

TODAY'S DATE: _____

DATE OF BIRTH: _____

Primary Care Provider (Name/Clinic): _____

Can we send a letter back to your primary/referring provider(s)? YES NO

What are your primary goals for this visit/questions you have for your doctor?

- _____
- _____
- _____
- _____

PLEASE CHECK THE SYMPTOMS YOU ARE CURRENTLY/VERY RECENTLY EXPERIENCING:

GENERAL:

- Fatigue
- Fever
- Difficulty sleeping

EYES:

- Itchy
- Watery
- Red
- Puffy

EARS/NOSE/SINUSES/THROAT:

- Stuffy nose
- Runny nose
- Sneezing
- Itchy nose
- post-nasal drainage
- Facial pressure
- Poor sense of smell
- Nosebleeds
- Ear pain/fullness
- Snoring
- Sore throat
- Itchy throat

LUNGS:

- Chest tightness
- Wheezing
- Sputum/phlegm
- Shortness of breath
- Cough

HEART/BLOOD VESSELS:

- High blood pressure
- Irregular heartbeat
- Swelling in hands/ feet

GI TRACT:

- Heartburn
- Difficulty swallowing

SKIN:

- Eczema
- Hives
- Itching
- Swelling

LOCAL PHARMACY:

Name: _____
City: _____
Cross-streets: _____

MAIL-ORDER PHARMACY:

Name: _____